

# Menu

## DAY DELEGATE PACKAGE

### MONDAY

#### ON ARRIVAL

freshly brewed coffee and a selection of teas

#### MORNING TEA

ham and cheese croissant

chocolate muffin (V)

tea and coffee

#### LUNCH

garden salad (V,G)

roast beef sandwich

tomato and bococcini on light rye (V)

chicken skewers (G)

sweet fix

chocolate cake

assorted juices and soft drinks

freshly brewed coffee and a selection of teas

#### AFTERNOON TEA

fresh baked cookies

fruit salad (G)

tea and coffee

(G) Gluten Free | (V) Vegetarian

Menu is subject to change without notice.

Alterations can be made to some dishes to accommodate dietary requirements

Rydges Sydney Airport Hotel understands the importance of providing allergen free and intolerance free meals to guests.

Please advise your Event coordinator if any guest has any particular food allergy or food intolerance.

# Menu

## DAY DELEGATE PACKAGE

### TUESDAY

#### ON ARRIVAL

freshly brewed coffee and a selection of teas

#### MORNING TEA

banana smoothie (G,V)

baked Danish pastries (V)

tea and coffee

#### LUNCH

pumpkin and cous cous salad (V)

chicken ceasar wrap

ham, brie and tomato sandwich

beef burgundy pie

sweet fix

banana cake

assorted juices and soft drinks

freshly brewed coffee and a selection of teas

#### AFTERNOON TEA

hommus crudité (G, V)

Portuguese tart (V)

tea and coffee

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# Menu

## DAY DELEGATE PACKAGE

### WEDNESDAY

#### ON ARRIVAL

freshly brewed coffee and a selection of teas

#### MORNING TEA

creamy strawberry yoghurt (G,V)

chefs selection of quiche (V)

tea and coffee

#### LUNCH

greek salad (G,V)

chicken and avocado wrap

tomato and bocconcini on light rye (V)

fish and chips

sweet fix

apple cake (V)

assorted juices and soft drinks

freshly brewed coffee and a selection of teas

#### AFTERNOON TEA

spinach and fetta pastry

fruit salad (G,V)

tea and coffee

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# Menu

## DAY DELEGATE PACKAGE

### THURSDAY

#### ON ARRIVAL

freshly brewed coffee and a selection of teas

#### MORNING TEA

warm sausage roll

danish pastry (V)

tea and coffee

#### LUNCH

garden salad (V)

BLT sandwich

roast beef sandwich

pumpkin tart (V)

sweet fix

chocolate cake (V)

assorted juices and soft drinks

freshly brewed coffee and a selection of teas

#### AFTERNOON TEA

beef burgundy pie

selection of muesli bars (V)

tea and coffee

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# Menu

## DAY DELEGATE PACKAGE

### FRIDAY

#### ON ARRIVAL

freshly brewed coffee and a selection of teas

#### MORNING TEA

fresh berry smoothie (G,V)

almond croissant (V)

tea and coffee

#### LUNCH

potato salad

tomato and bocconcini on light rye (V)

ham, brie and tomato sandwich

chicken skewers

sweet fix

baked cheesecake

assorted juices and soft drinks

freshly brewed coffee and a selection of teas

#### AFTERNOON TEA

hommus crudite

profiterole

tea and coffee

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# Menu

## DAY DELEGATE PACKAGE

### SATURDAY

#### ON ARRIVAL

freshly brewed coffee and a selection of teas

#### MORNING TEA

chefs selection of quiche

baked danish pastries (V)

tea and coffee

#### LUNCH

pumpkin and cous cous salad (V)

roast beef sandwich

chicken ceaser wrap

beef burgundy pie

sweet fix

apple cake (V)

assorted juices and soft drinks

freshly brewed coffee and a selection of teas

#### AFTERNOON TEA

baked cookies (V)

muesli bar (V)

tea and coffee

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# Menu

## DAY DELEGATE PACKAGE

### SUNDAY

#### ON ARRIVAL

freshly brewed coffee and a selection of teas

#### MORNING TEA

banana smoothie

spinach and feta pastry

tea and coffee

#### LUNCH

greek salad (V)

ham, brie and tomato sandwich

chicken and avocado wrap

fish and chips

sweet fix

banana cake

assorted juices and soft drinks

freshly brewed coffee and a selection of teas

#### AFTERNOON TEA

Portuguese tart

fruit salad (G,V)

tea and coffee

(G) Gluten Free | (V) Vegetarian

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